OSAKA UNIVERSITY / MULTILINGUAL EXPERT PROGRAM ACADEMIC ENGLISH SUPPORT DESK NEWSLETTER

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1. Useful English Presentation Phrases

Q: How do I introduce the main topic of my presentation?

A: Use one of the phrases below to inform your audience of the main topic:

Phrase 1: "Today, I am here to talk to you about..."

Phrase 2: "I would like to take this opportunity to present to you ..."

Phrase 3: "I am delighted to be here today to tell you about..."

Introducing the main topic...

is an effective way to structure your presentation and provide clarity as to what the audience can expect from your presentation.

2. Q&As in SUPPORT DESK sessions

Q: How can I overcome nervousness when giving a presentation?

A: Practice! Make sure to rehearse giving your presentation until you feel confident. Also try recording your presentation and playing it back to evaluate which areas need work. Listening to recordings of your past talks can clue you in to bad habits you may be unaware of.

Breathe! When we are nervous, our muscles

tighten-you may even catch yourself holding your breath. Instead, go ahead and take deep breaths to get oxygen to your brain and relax your body.

Arrive Early! It's best to allow yourself plenty of time to settle in before your talk. Extra time ensures you won't be late and gives you enough time to get adapted to your presentation space.

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